

100K AID STATIONS:

DISTANCES ARE APPROXIMATE

| | MILE | NEXT AID | CUT OFF | DROP BAGS | CREW |
|-----------------------------------|-------------|---------------------|--------------------|----------------------|-------------|
| START | 0 | 1.5 | | | |
| SOUTH LAKE TRAILHEAD OUT* | 1.5 | 4.5 | | | |
| ISLAND VIEW OUT | 6.0 | 6.9 | | | |
| WARM SPRINGS OUT | 12.9 | 5.1 | | YES | |
| WULFOW OUT* | 18.0 | 2.4 | | | |
| LIBERTY GLEN OUT | 20.8 | 5.1 | | | YES |
| LONE ROCK OUT | 25.9 | 4.2 | 12:15 PM | YES | YES |
| FALCON'S NEST TURNAROUND** | 30.1 | 3.0 | | | |
| ARCHERY RANGE | 33.1 | 2.4 | | YES | YES |
| LITTLE FLAT | 35.5 | 5.3 | 3:00 PM | | YES |
| LIBERTY GLEN IN | 40.8 | 2.1 | 4:45 PM | | YES |
| WULFOW IN* | 42.9 | 5.5 | | | |
| WARM SPRINGS IN | 48.4 | 6.9 | 7:45 PM | YES | YES |
| ISLAND VIEW IN | 55.3 | 4.5 | | | |
| SOUTH LAKE TRAILHEAD IN* | 59.8 | 1.6 | | | |
| FINISH | 61.4 | | 11:00 PM | | YES |

** WATER ONLY*

*** WATER ONLY AND BRACELET PICKUP TO SHOW PROOF OF REACHING AID STATION*

THE 18 HOUR CUTOFF IS TO QUALIFY FOR THE 2025 WESTERN STATES ENDURANCE RUN LOTTERY

AVERAGE PACE IS 17:00 MIN / MILE TO MAKE ALL CUTOFFS